

DAINA CALA

Daina Cala is a highly qualified and experienced ballet instructor with a deep passion for Cuban Ballet and Cecchetti Ballet techniques. She began her dance journey at the age of 9, training at the prestigious Cuban National Ballet School, where she graduated in 2004 with a Bachelor of Art in Classical Ballet. She continued her education at the Superior Institute of Arts, earning a Bachelor of Art in Ballet Teaching, Character, and Salon Dance in 2014.

Daina's professional career includes performing and teaching in various dance companies worldwide, with appearances in countries such as France, Italy, Turkey, Greece, and Scotland. She also served as a dance instructor at the prestigious Cuban National Ballet School in Havana, further cementing her reputation as a respected educator.

Since 2014, Daina has focused on choreographing, teaching, and coaching, first in Medellín, Colombia, and later in the United States as of 2016. She is passionate about teaching students of all levels, with a special fondness for pre-professional dancers. She also enjoys imparting her knowledge of Jazz, Contemporary, Modern, and Character dances from ballet repertoires. Daina's dedication to her craft and her students makes her a sought-after instructor in the dance community.