

## **CLASS DESCRIPTIONS**

### **COMBO CLASSES**

Ballet and tap. Introduction to class discipline, memorization skills, independence, socialization, tap rhythm skills, classical ballet skills, and familiarization with terminology. Increased advancement according to level and age group. Ages 2-9.

### **CLASSICAL BALLE**

Progressive ballet skills based on classical training styles. Ages 5 and up.

### **POINTE**

Classical ballet skills on toe shoes. This class is for well trained ballet students only. Ages 11 and up.

### **JAZZ**

Beginner through advanced jazz skill development, isolations, flexibility, control, and style. Ages 5 and up.

### **TAP**

Beginner through advanced rhythm skills and tap vocabulary. Ages 5 and up.

### **ACRO**

Tumbling skills incorporating strength and flexibility. Ages 5 and up.

### **CONTEMPORARY/LYRICAL**

Combinations of jazz and ballet skills mixed with improvisation, modern styles, and expression. Ages 8 and up.

### **HIP HOP**

Popular street dance movement isolations. Ages 8 and up.

### **STRETCH, CONDITIONING + TECHNIQUE**

Students will build stamina and muscle while improving their flexibility, as well as practicing leaps, turns, and dance technique. Ages 8 and up.

### **MUSICAL THEATRE**

Vocal, drama, and Broadway jazz skills. Ages 5 and up.